a) 
$$\left| \frac{\pm \frac{1}{2} \pm \frac{1}{2} \pm \frac{1}{2}}{\right|} \right|$$
 that is, chose either a + or a - three times

This gives min \frac{1}{2} or spin \frac{3}{2} as possible results

b)  $|\pm \pm \pm \pm |$ ; this gives either spin 0 or spin 1 as results.